





# Fitness Arts Center • Apparel and Dance Equipment Guide

## Fall 2011

CLASS	BASIC BODYWEAR 	LEG WEAR 	FOOTWEAR 	HAIR 	MISC
<b>Irish Step Absolute Beginners 6-17 year olds</b>	Black T-shirt, <b>Girls:</b> FAC School shorts <b>Boys:</b> Black basketball shorts	<b>Girls:</b> White poodle socks <b>Boys:</b> White athletic socks	<b>Girls:</b> Black Irish soft shoes <b>Boys:</b> Black jazz shoes	All long hair must be pulled neatly away from face in a ponytail, bun, or braid.	No gum or jewelry Bring a water bottle
<b>Irish Step Dance 6-17 year olds</b>	Black T-shirt, <b>Girls:</b> FAC School shorts <b>Boys:</b> Black basketball shorts	<b>Girls:</b> White poodle socks <b>Boys:</b> White athletic socks	<b>Girls:</b> Black Irish soft shoes <b>Boys:</b> Black jazz shoes <b>Both:</b> Hardshoes	All long hair must be pulled neatly away from face in a ponytail, bun, or braid.	No gum or jewelry Bring a water bottle
<b>Irish Step Dance Absolute Beginners Adults 18+</b>	Comfortable clothing that you can move and sweat in, shorts preferred	Poodle socks or tights	Soft shoes or dance sneakers	All long hair must be pulled neatly away from face in a ponytail, bun, or braid.	No gum or jewelry Bring a water bottle
<b>Irish Step Dance Adults 18+</b>	Comfortable clothing that you can move and sweat in, shorts preferred	Poodle socks or tights	Soft shoes or dance sneakers Hardshoes	All long hair must be pulled neatly away from face in a ponytail, bun, or braid.	No gum or jewelry Bring a water bottle

**FAC is not responsible for lost or stolen items. Please put names on all dance items. Have your instructor check your shoes before wearing them.**

**School Shorts** can be purchased from FAC for \$20 per pair.

**Soft shoes** and **Poodle Socks** can be purchased at Spell's Dancewear.

**Spell's Dancewear**  
3021 Memorial Pkwy SW  
Huntsville, AL 35801-5304  
(256) 881-4292

**Hard Shoes** can be purchased from **Rutherford Product**  
[www.rutherfordshoes.com](http://www.rutherfordshoes.com)

Phone: (585) 392-7707

Fax: (585) 392 -0245

E-Mail: [rpshoes@rochester.rr.com](mailto:rpshoes@rochester.rr.com)

*I suggest calling or faxing a tracing of your foot to determine best size*

**Recommended shoe:** Light Sole Flexi (with the tan sole)

**Tip:** RP HyTech Squared Off

**Style:** Straps